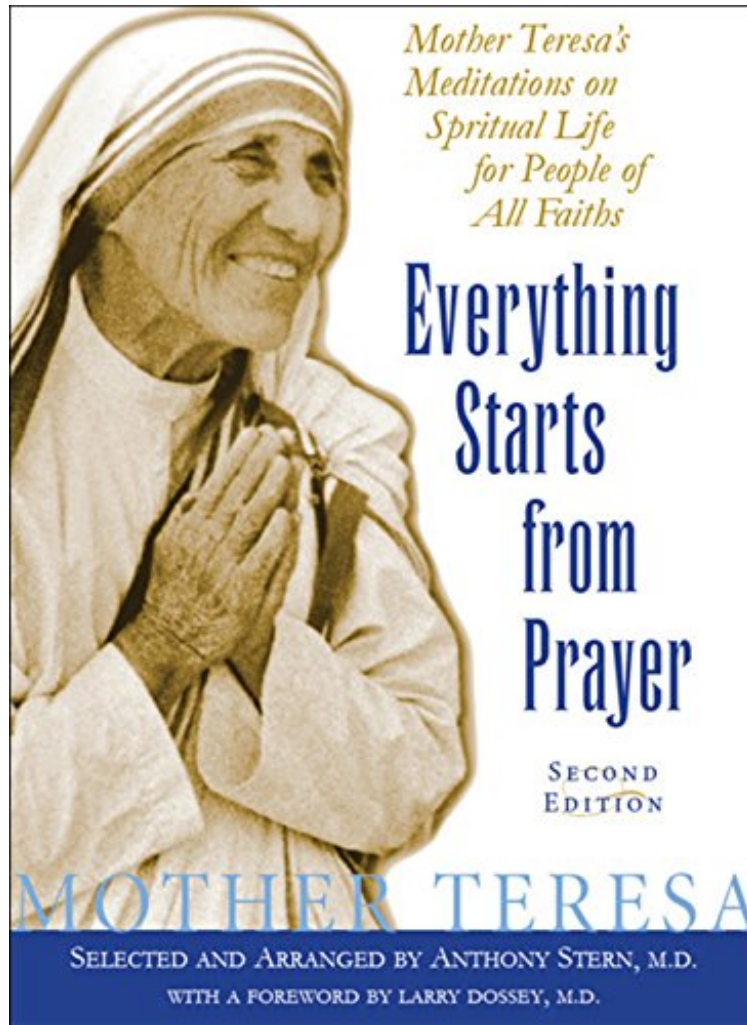


[Ebook free] Everything Starts from Prayer: Mother Teresa's Meditations on Spiritual Life for People of All Faiths

## Everything Starts from Prayer: Mother Teresa's Meditations on Spiritual Life for People of All Faiths

Von Mother Teresa

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**Von Mother Teresa : Everything Starts from Prayer: Mother Teresa's Meditations on Spiritual Life for People of All Faiths** before purchasing it in order to gage whether or not it would be worth my time, and all praised Everything Starts from Prayer: Mother Teresa's Meditations on Spiritual Life for People of All Faiths:

KundenrezensionenHilfreichste Kundenrezensionen1 von 1 Kunden fanden die folgende Rezension hilfreich. Teachings from the Master of PrayerVon Ein KundePrayer speaks from the heart and when done well, it can bypass our inherent prejudices and resistance. Mother Teresa knew this, and her inspirational words, just as her prayers, transcend any faith position and speak to everyone. Dr. Anthony Stern, in his inspiring book brings this great master of

prayer to the average reader. *Everything Starts from Prayer* presents Mother Teresa's own words in an arrangement both accessible and thought provoking. As I was reading the book I was struck by the scope and the depth of prayer that the book reveals through Mother Teresa's beautiful and powerful prose. I realized that besides being an incredibly charitable woman, who devoted her life to help the poor and the sick, she was a great master of praying, with inner knowledge and experience that surpass many other spiritual teachers. Dr. Stern arranged Mother Teresa's prayers in a way that illustrates the nature and the process of prayer and illuminates the many variations and subtleties of praying. Mother Teresa addressed many aspects of prayer, from child-like prayer to healing prayer and even to the resistance to prayer. It is particularly instructive to read the way she addressed the special pain and loneliness of modernity. Her insights into the problems of the ailing psyche from a spiritual point of view are most interesting. When talking about the narcissistic self, she tells us that there is no place for spirit where there is only self. Even God cannot put anything into what is already full. (page 54). Unlike some current spiritual ideas, which divorce spirituality from morality, Mother Teresa teaches us that spirituality and morality go hand in hand. It is easy to be proud and harsh and selfish--so easy. But we have been created for better things (page 12). I recommend this book for anyone who takes prayer seriously, whether new to the practice or experienced. We can all learn a great deal from Mother Teresa and use her experience to further enrich our own prayer lives and learn about our (spiritual) selves. It is a book which should be read not just once, but used repeatedly as a companion to the praying person, a resource that one can refer to when looking for guidance and inspiration. The bibliography at the end of the volume includes books on prayer from different religious perspectives and the resource list will be useful for those who are searching for in-depth experience of prayer in a monastic setting. Mark R. Banschick, MD Adjunct Professor, Hebrew Union College

1 von 1 Kunden fanden die folgende Rezension hilfreich. A sweet book which gets to the heart of God and prayer. Von Ein Kunde. A sweet book which covers the subject of reaching God through prayer. It is stripped of the boundaries of formal religion and gets to the heart of the matter: How to make contact with God, How to pray, Why you should pray and the nature of prayer. Mother Teresa's words are simple but rich, clear and evocative. I will return to this book again and again for guidance. The book is simple but not simplistic. It raises the spirit and guides the soul.

**Kurzbeschreibung** At the Home for the Dying in Calcutta, Mother Teresa often cared for the residents as they approached the end. As she was ministering to one illness-ravaged man, a visitor overheard her whisper a few words to him. These few words embody some of Mother Teresa's most wonderful wisdom. This is what she said: You say a prayer in your religion, and I will say a prayer as I know it. Together we will say this prayer and it will be something beautiful for God.