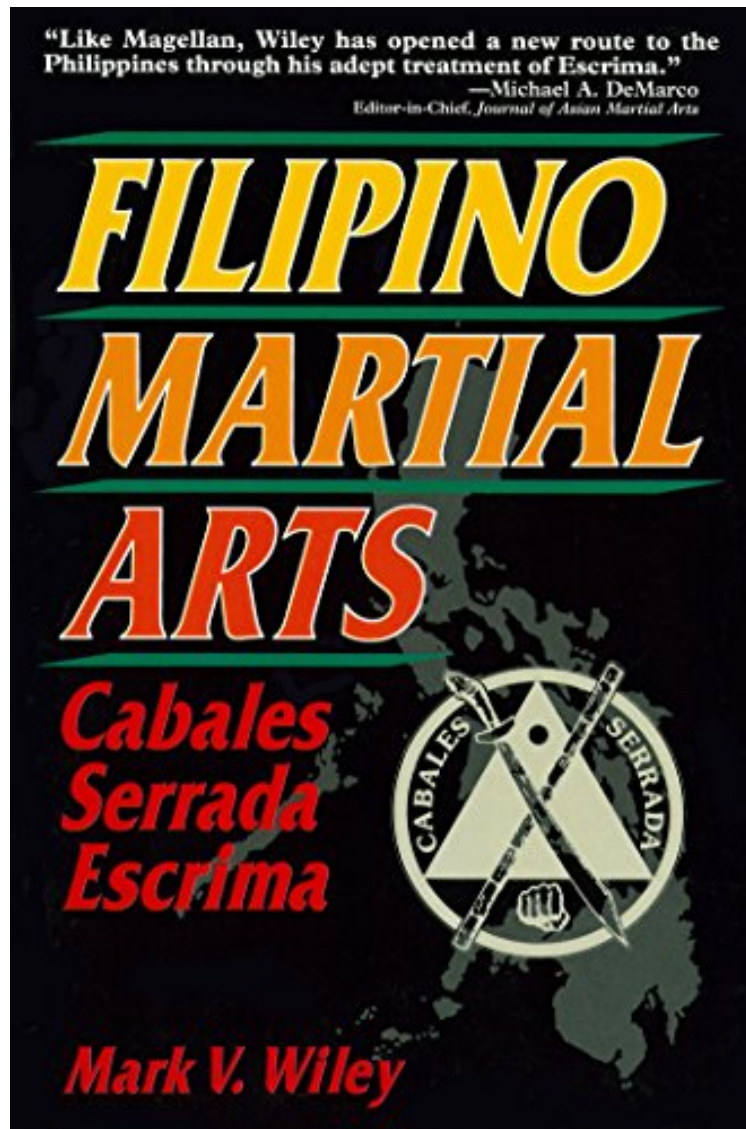


Filipino Martial Arts: Cabales Serrada Escrima

Von Mark V. Wiley

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1994-03-15File Name: B00VQSZSB6 | File size: 62.Mb

Von Mark V. Wiley : Filipino Martial Arts: Cabales Serrada Escrima before purchasing it in order to gage whether or not it would be worth my time, and all praised Filipino Martial Arts: Cabales Serrada Escrima:

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich. LEARN THE REAL ART. This book is garbage.Von Ein KundeNot only have I read this book but I am being taught by Vincent Cabales, the current grandmaster of Cabales Serrada Escrima and the son of the art's founder Angel Cabales. I don't know where Wiley got his information when he wrote this book but having spoken to Mr. Cabales in length

about this book and the "facts" contained within I can say that not only are Wiley's so-called historical facts in this book wrong but some are blatant LIES. As to the defensive techniques shown in this book I can say that Wiley gives a somewhat broad overview of the techniques. Unfortunately, this martial art deals with precision so using most of the techniques shown in this book will get you hurt or worse if you use them against someone who has had any experience in hand to hand combat (IE anyone who's fought at least once in their life). I gave this book one star because it did do one thing right: It pointed me towards the real martial art which I have been involved with for the last two and a half years. In my opinion, save your money ,go to Stockton, CA and study with the real thing. If you have to buy the book, use it as light reading and remember that just because a so-called expert wrote it that doesn't mean you have to take it at face value. ALWAYS CHECK THE FACTS. I did and I'm glad I did.0 von 0 Kunden fanden die folgende Rezension hilfreich. A wonderful introduction to Cabales Serrada Escrima! Von Ron Beaubien The foreword of the book was personally written by Grandmaster Angel Cabales who tells why he personally chose Mark Wiley to present his art to the public. As it clearly stated in the book, Grandmaster Angel Cabales read and approved the manuscript before his unfortunate death in 1991. In this introductory book, Mr. Wiley purposely exaggerated the movements and distance of this short range fighting style to help the photographer and give the reader a clearer view of how the techniques are performed. Basic concepts and techniques were explained, but as with any martial arts book, it was never intended to be used as a means to learn the art without a qualified instructor. It is also admirable that Mr. Wiley focused on presenting the art form of Grandmaster Angel Cabales and did not digress into tales of his training that do nothing more than boost his own image like so many other martial arts authors do. The author's qualifications to teach, write about, and demonstrate this art are impeccable. Mark Wiley received his Master's Degree (Pangulong Guro) in Cabales Serrada Escrima in March of 1990 by Grandmaster Angel Cabales. Mark Wiley has written for and edited numerous martial arts publications and regularly travels to the Philippines as well as other parts of Asia to do research on and continue his study of the martial arts.4 von 5 Kunden fanden die folgende Rezension hilfreich. Trash, Trash, Trash Von Ein Kunde It is obvious to me that anyone that likes this book does not know a lot about Serrada. There seem to be a lot of unanswered questions about this book. First off, if the forward was written by GM Angel then why wasn't a copy of this document included as part of the book? Because this is false. How could GM Angel have read a copy of the manuscript when Mark Wiley himself admits in an interview that he didn't write the book until 1993? By the way, GM Angel Cabales passed away in 1991. Only part of the techniques in the book are basic techniques. About half are really advanced techniques that wouldn't even be understood by a beginning student. Yes Mark Wiley might hold a master's degree, but how long did it take him to get it? About six months? Isn't it funny that Wiley holds a number of degrees in various arts that would normally take people a lifetime to accumulate, but Mr. Wiley seems to have accomplished this in about ten years? How convenient! And even the techniques shown in the book are lacking in quality. There is definitely not enough emphasis placed on the check-hand, a trademark of Serrada. Let me help you out by saying that buying this book would be a waste of money.

Kurzbeschreibung Filipino Martial Arts illustrates the basic strikes, blocks, counters, and disarms of the Serrada Escrima fighting system. A highly effective, well-rounded warrior art, Serrada Escrima uses basic stick-fighting movements that are equally applicable in both unarmed and knife fighting. Profusely illustrated, this martial arts manual describes not only the techniques but also the history and philosophy of the Filipino martial arts and their relevance in the fighting and mixed martial arts world today. Filipino Martial Arts: Cabales Serrada Escrima is an essential addition to any martial arts library.